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(function(d, s, id) { var js, fjs = d.getElementsByTagName(s)[0]; if (d.getElementById(id)) return; js = d.createElement(s); js.id = id; js.src = "//connect.facebook.net/sk_SK/all.js#xfbml=1"; fjs.parentNode.insertBefore(js, fjs); }(document, 'script', 'facebook-jssdk'));
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-  \$('#buttonOne').jFav();

## Baby swimming

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We offer a baby swimming lessons in cooperation with the best brands



### What is swimming

It is an activity, which keeps us fit and is suitable for every age group. Swimming is among one of few activities that contributes to complete development of the whole body. So therefore start with swimming as soon as possible ;)

## Why = reason to decide

### Swimming is important for the health of your child:

- in the field of psycho-motor development, because movement in water allows the movement of muscles that do not engage in normal movement activities, and therefore swimming helps to remove various body posture imperfections
- swimming and correct breathing increases the capacity of the lungs
- swimming increases the immunity = children are healthy and happy
- movement in water tires and promotes appetite

### Swimming is of psycho-social importance for your child:

- if you swim with your child together, intensification of the parent-child is guaranteed
- being a part of team, helps to develop child's personality, independence, confidence and social incorporation

## How

### Goal: promotion of children development

- newborn "swimming" (to 28 days after birth)
- babies "swimming" ( 28 days to 3 months – maximum age limit  $\pm$  1 month)

### Goal: child psychomotor and health resistance development

- babies "swimming" ( 3 to 6 months – maximum age limit  $\pm$  2 months)



- babies "swimming" ( 6 months to 1,5 year – maximum age limit  $\pm$  0,5 year)
- kids "swimming" ( 1,5 to 5 years – maximum age limit  $\pm$  1 year)

**Goal: learning to swim and develop physical and fitness abilities**

- children „swimming“ ( 5 to 8 years – maximum age limit  $\pm$  2 years)

application form





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$(function() { $(".slideshow").jCarouselLite({ auto: 800, speed: 1000 }); });
```

**UP ^**