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(function(d, s, id) { var js, fjs = d.getElementsByTagName(s)[0]; if (d.getElementById(id)) return; js = d.createElement(s); js.id = id; js.src = "//connect.facebook.net/sk_SK/all.js#xfbml=1"; fjs.parentNode.insertBefore(js, fjs); }(document, 'script', 'facebook-jssdk'));
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-  \$('#buttonOne').jFav();

## Dancing

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### What is dance

It is a movement that brings **physical** and **mental health**. When children are dancing:

- they respond to music
- they express their feelings
- they strengthen their bodies

- they bring joy into the life

Dance is movement, which transfers the child into a fantasy world. So let's give children the chance to dance together!

### Why = reason for decide

- Dance helps to learn the first habits of **right body posture**
- combination of movement and music gives the child the **basis of rhythm and dynamics**
- dance develops agility of the child and his ability to express his **feelings by movement**
- dancing develops **coordination of mind and movements**
- dancing the child learns to **cooperate** within the team
- dancing the child receives natural **self discipline**
- dance is boosting child's own **creativity**

### How

Dance activities are designed to **correct body posture**, awareness of movement and orientation in space: rhythmic exercises, basic dance steps and movement activities, developing physical fitness.

Activities are held at **6 to 10-membered groups of children** aged **under 1 year** of the child (the condition that the child can to walk).

Dance courses we will start in **April 2011**. We will notify you by phone or mail a specific date for the start of the course. We will meet **1per week**. The course has **8 sessions**.

Schedules [»more](#)      Price list [»more](#) (is displayed only after [»login](#))

**Open courses in these age groups of children:**

- from age of 1 to 2 years (there is a necessary accompaniment of the child - if you're busy we have the [»solution](#))
- from age of 2 to 4 years
- from age of 4 to 6 years



Maximum capacity is **10 children** in one course, for the age group from 1 year to 2 years is the maximum number of children 6.

[application form](#)





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$(function() {    $(".slideshow").jCarouselLite({ auto: 800, speed: 1000    }); });
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